



希华集团



HELLAS
GROUP

CHEF'S RECCOMENDATIONS

主厨推荐

希腊传统酸奶黄瓜酱配皮塔饼

Tzatziki Sauce with Pita Bread -35RMB

多种希腊开胃小食配皮塔饼

Greek Mezedes Platter -45RMB

传统希腊菠菜派

Homemade Greek Spinach Pie -55RMB

脆皮炸菲达芝士配蜂蜜

Greek Feta wrapped in Fyllo with Honey -70RMB

经典希腊沙拉

Horiatiki - Classic Greek Salad -65RMB

明火烤鲷鱼

Traditional Greek Snapper -225RMB

希腊传统穆萨卡

Traditional Greek Mousaka -95RMB

希腊传统烤羊排

Greek Lamb Chops -125RMB

希腊传统烤肉卷拼盘

Greek Wrap Platter -125RMB

斯巴达勇士拼盘

Spartan Platter (4) -488RMB

希腊手工酸奶配进口蜂蜜

Homemade Greek Yogurt with Honey -45RMB

自制传统核桃杏仁酥皮派

Homemade Greek Baklava -50RMB

希腊传统酸奶黄瓜酱配皮塔饼
Tzatziki Sauce with Pita Bread



多种希腊开胃小食配皮塔饼
Greek Mezedes Platter



希腊橄榄配特级初榨橄榄油
Greek Olives with Elaion Olive Oil



STARTERS 前菜

鹰嘴豆泥配皮塔饼 30rmb

鹰嘴豆泥含芝麻酱、大蒜、伊莱恩橄榄油，配手工皮塔饼

Hummus with Pita Bread

A Mediterranean spread made with tahini, garlic, and Elaion Olive Oil. Served with traditional homemade pita bread.

茄子沙拉配皮塔饼 30rmb

茄子沙拉含烤茄子、红辣椒、大蒜、伊莱恩橄榄油，配手工皮塔饼

Eggplant Dipping Salad with Pita Bread

Made with grilled eggplants, mixed red peppers, garlic, and Elaion Olive Oil. Served with traditional homemade pita bread.

希腊传统酸奶黄瓜酱配皮塔饼 35rmb

希腊传统酸奶黄瓜酱含希腊酸奶、黄瓜、大蒜、伊莱恩橄榄油配手工皮塔饼

Tzatziki Sauce with Pita Bread

Homemade Greek yogurt with cucumber, garlic, and Elaion Olive Oil. Served with traditional homemade pita bread.

辣菲达芝士配皮塔饼 40rmb

辣菲达芝士含红辣椒、伊莱恩橄榄油，配手工皮塔饼

Tirokafteri with Pita Bread

A spicy homemade Feta cheese spread made with red peppers and Elaion Olive Oil. Served with traditional homemade pita bread.

多种希腊开胃小食配皮塔饼 45rmb

多种希腊开胃小食配手工皮塔饼，包括希腊传统酸奶黄瓜酱、茄子沙拉、辣菲达芝士、和鹰嘴豆泥。

Greek Mezedes Platter

Ideal for dipping and sharing. Tzatziki sauce, eggplant salad, spicy Feta cheese spread, and hummus. Served with traditional homemade pita bread.

希腊传统皮塔饼 10rmb

希腊国民小食，纯手工制作

Greek Pita Bread

Perfect for dipping.

希腊橄榄配伊莱恩橄榄油 10rmb

有益健康的开胃小食

Greek Olives with Elaion Olive Oil

The ideal starter for everyone.

传统希腊菠菜派
Homemade Greek Spinach Pie



希腊传统自制牛肉饼
Greek Meat Balls



圣托里尼番茄饼
Santorini's Tomato Balls



希腊传统葡萄叶米卷
Dolmadakia - the Greek Maki-roll



希腊传统炸薯条 30rmb

希腊传统现炸薯条配盐和牛至叶

Fresh Fried Potatoes

Homemade the traditional Greek way with salt and oregano.

希腊传统炸薯条配菲达芝士 40rmb

现炸薯条配菲达芝士、盐、牛至叶

Fresh Fried Potatoes with Feta Cheese

Homemade traditional Greek way, served with Feta cheese, salt and oregano.

传统希腊菠菜派 55rmb

传统希腊菠菜派含菠菜、菲达芝士、伊莱恩橄榄油、香料

Homemade Greek Spinach Pie

Feta cheese, Elaion Olive Oil, and aromatic herbs.

希腊传统自制牛肉饼 58rmb

希腊传统自制牛肉饼配酸奶酱、希腊香料

Greek Meat Balls

Homemade pan seared meat balls (4) made with aromatic herbs and served with a Greek yogurt sauce.

圣托里尼番茄饼 58rmb

传统圣托里尼番茄饼含番茄、伊莱恩橄榄油和菲达芝士，配希腊手工酸奶

Santorini's Tomato Balls

Homemade with sundried tomatoes, Elaion Olive Oil, and Feta cheese. Served with Greek yogurt.

希腊风味西葫芦饼 58rmb

传统圣托里尼番茄饼含番茄、特级初榨伊莱恩橄榄油和菲达芝士，配希腊手工酸奶

Zucchini Balls with Feta Cheese

Homemade with Elaion Olive Oil and aromatic herbs. Served with Greek yogurt.

希腊传统葡萄叶米卷 65rmb

配希腊手工酸奶和伊莱恩橄榄油

Dolmadakia - the Greek Maki-roll

A traditional Greek recipe: rice and aromatic herbs wrapped in vine leaves. Served with Greek Yogurt and Elaion Olive Oil.

希腊特色蔬菜拼盘
Vegetarian Platter



脆皮炸菲达芝士配蜂蜜
Greek Feta wrapped in Fyllo with Honey



希腊秘制鸡汤
Chicken Soup with Rice



希腊传统菲达芝士 45rmb

希腊传统菲达芝士配伊莱恩橄榄油、牛至叶、蓝莓果酱

Greek Traditional Feta Cheese

Served with Elaion Olive Oil and Oregano and topped with a homemade blackberry marmelade.

希腊特色蔬菜拼盘 58rmb

希腊蔬菜拼盘含菲达芝士番茄饼、西葫芦饼和菠菜派，配希腊手工酸奶

Vegetarian Platter

Homemade tomato balls with Feta cheese, zucchini balls, and spinach pie with a Greek yogurt sauce.

自制烤香肠 68rmb

烤手工香肠配现炸薯条

Grilled Homemade Sausage

Served with fresh fried potatoes made the traditional Greek way.

脆皮炸菲达芝士配蜂蜜 70rmb

脆皮炸菲达芝士配蜂蜜、芝麻、松子

Greek Feta wrapped in Fyllo with Honey

Served with Greek honey, sesame and pine seeds.

SOUPS 汤

希腊秘制鸡汤 55rmb

秘制鸡汤泡米饭、希腊特色香料和柠檬汁

Chicken Soup with Rice

Chicken soup with rice, lemon and aromatic herbs from the mainland of Greece.

希腊特色蔬菜汤 45rmb

蔬菜汤含希腊特色香料和伊莱恩橄榄油

Vegetable Soup

Traditional Greek vegetable soup made with aromatic herbs and Elaion Olive Oil.

经典希腊沙拉
Horiatiki - Classic Greek Salad



炭烤腌制八爪鱼配黑眼豆沙拉
Black Bean Octopus Salad



SALADS 沙拉

经典希腊沙拉

65rmb

西红柿, 橄榄, 黄瓜, 洋葱, 水瓜柳, 甜椒, 圣女果, 菲达芝士, 配伊莱恩橄榄油和白葡萄酒醋汁

Horiatiki - Classic Greek Salad

Tomatoes, olives, cucumbers, onions, capers, green peppers, cherry tomatoes, and Feta cheese. Accompanied with Elaion Olive Oil and white wine vinegar.

希腊生菜色拉

48rmb

生菜沙拉含洋葱、时罗草、圣女果 配伊莱恩橄榄油、新鲜柠檬汁

Greek Lettuce Salad

Made with onion, anise, cherry tomatoes and topped with a vinaigrette made with Elaion Olive Oil and fresh lemon juice.

希腊洋白菜沙拉

58rmb

希腊洋白菜沙拉含胡萝卜、芝麻生菜、白葡萄酒醋汁、橄榄油

Greek White Cabbage Salad

Carrot and baby rocket leaves accompanied with a white wine vinegar and Elaion Olive Oil.

希腊金枪鱼沙拉

78rmb

希腊橄榄、生菜、圣女果、洋葱、伊莱恩橄榄油和白葡萄酒醋汁

Greek Tuna Salad

Made the traditional Greek way: lettuce, Greek olives, cherry tomatoes, onion, Elaion Olive Oil, and white wine vinegar.

炭烤腌制八爪鱼配黑眼豆沙拉

95rmb

黑眼豆沙拉配炭烤腌制八爪鱼、伊莱恩橄榄油、新鲜柠檬汁

Black Bean Octopus Salad

Black Beans and marinated grilled octopus, served with Elaion Olive Oil and fresh lemon.

希腊传统穆萨卡
Traditional Greek Mousaka



黄金炸鱿鱼
Golden Fried Squid (Calamari)



希腊牛肉汉堡
Greek Beef Burger



明火烤鲷鱼
Traditional Greek Snapper



📖 TRADITIONAL GREEK RECIPES 希腊传统菜

希腊传统穆萨卡 95rmb

传统手工制作茄子、土豆、牛肉糜，
奶油芝士和伊莱恩橄榄油

Traditional Greek Mousaka

Homemade with eggplant, potatoes, zucchini,
minced beef, and Elaion Olive Oil topped with a
creamy bechamel sauce.

黄金炸鱿鱼 85rmb

黄金炸鱿鱼配现炸薯条、柠檬

Golden Fried Squid (Calamari)

Served with fresh fried potatoes and lemon.

希腊牛肉汉堡 98rmb

含番茄、茄子、洋葱、菲达芝士配现炸薯条

Greek Beef Burger

Stuffed with sundried tomatoes, eggplant, onions
and Feta cheese. Served with fresh fried potatoes.

明火烤鲷鱼 225rmb

明火慢烤鲜活鲷鱼配伊莱恩橄榄油，
新鲜柠檬汁和蔬菜

Traditional Greek Snapper

Fresh Snapper served with Extra Virgin Olive
Oil, Lemon, Greek vinegerette, and assorted
boiled vegetables.

炭烤肉串拼盘
Souvlaki Platter (2)



希腊传统烤羊排
Greek Lamb Chops



雅典拼盘
Athens Platter (2)



GREEK GRILL

希腊烧烤

转烤猪肉拼盘 **88rmb**

转烤猪肉拼盘配现炸薯条、番茄、洋葱、
酸奶黄瓜酱、手工皮塔饼

Pork Gyros Platter

Served with fresh fried potatoes, tomatoes, white
onion, Tzatziki sauce and homemade pita bread.

炭烤肉串拼盘(鸡肉或猪肉) **88rmb**

炭烤肉串*2配现炸薯条、番茄、洋葱、
希腊传统酸奶黄瓜酱和手工皮塔饼

Souvlaki Platter (2) (Chicken or Pork)

Served with fresh fried potatoes, tomatoes, white
onion, Tzatziki sauce and homemade pita bread.

希腊自制牛肉饼拼盘 **88rmb**

希腊自制牛肉饼拼盘配现炸薯条、番茄、
洋葱、酸奶黄瓜酱、手工皮塔饼

Beef Bifteki Platter (2)

Served with fresh fried potatoes, tomatoes, white
onion, Tzatziki sauce and homemade pita bread.

希腊传统烤羊排 **125rmb**

希腊传统烤羊排配菲达芝士奶油蔬菜

Greek Lamb Chops

Served with vegetable briam and Feta cream.

黑安格斯肋眼牛排 (300g) **298rmb**

配蔬菜、现炸薯条和伊莱恩橄榄油

Black Angus Ribeye Steak (300g)

Cooked with Elaion Olive Oil and served with
boiled vegetables and fresh fried potatoes.

雅典拼盘 **225rmb**

混合拼盘：希腊转烤猪肉、羊排、
鸡肉串和猪肉串、香肠配手工皮塔饼、
现炸薯条、希腊传统酸奶黄瓜酱

Athens Platter (2)

Pork Gyros, lamb chops, pork and chicken
Souvlaki, and sausage. Served with pita bread,
Tzatziki sauce, and fresh fried potatoes.

斯巴达勇士拼盘 **488rmb**

混合拼盘：希腊转烤猪肉、羊排、
鸡肉串、猪肉串、牛肉饼、香肠配手工
皮塔饼、现炸薯条、酸奶黄瓜酱、辣蛋黄酱

Spartan Platter (4)

Pork Gyros, lamb chops, pork and chicken
Souvlaki, and sausage. Served with pita bread,
Tzatziki sauce, and fresh fried potatoes.

皮塔转烤猪肉卷
Pork Gyros Wrap



WRAPS 卷

皮塔转烤猪肉卷 **45rmb**

皮塔转烤猪肉卷配酸奶黄瓜酱、洋葱、番茄、现炸薯条

Pork Gyros Wrap

Served with homemade pita bread, Tzatziki sauce, onion, tomato, and fresh fried potatoes.

皮塔炭烤肉卷 (鸡肉或猪肉) **45rmb**

皮塔炭烤鸡肉串配酸奶黄瓜酱、洋葱、番茄、现炸薯条

Souvlaki Wrap (Chicken or Pork)

Served with homemade pita bread, Tzatziki sauce, onion, tomato, and fresh fried potatoes.

皮塔自制牛肉饼卷 **45rmb**

皮塔自制牛肉饼配酸奶黄瓜酱、洋葱、番茄、现炸薯条

Beef Bifteki Wrap

Served with homemade pita bread, Tzatziki sauce, onion, tomato, and fresh fried potatoes.

希腊传统烤肉卷拼盘 **125rmb**

希腊传统转烤拼盘：希腊转烤猪肉，鸡肉串，猪肉串

Greek Wrap Platter

Pork Gyro with chicken and pork Souvlaki. Served with homemade pita bread, Tzatziki sauce, onion, tomato, and fresh fried potatoes.

希腊手工酸奶配进口蜂蜜
Homemade Greek Yogurt with Honey



传统核桃杏仁酥皮派
Homemade Greek Baklava



DESSERTS 甜品

希腊手工酸奶配进口蜂蜜 45rmb
Homemade Greek Yogurt with Honey

传统核桃杏仁酥皮派 50rmb
传统核桃杏仁酥皮派配开心果冰淇淋
Homemade Greek Baklava
Made with phyllo, walnuts, almonds, and pistachios. Served with a scoop of ice cream.

希腊巧克力萨拉马 60rmb
希腊巧克力萨拉马含无花果, 西梅
Homemade Greek Chocolate "Salame"
Made with figs and prunes.

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